

Lots of fun things happening this month. Please check the back of the calendar for prices and exact dates.



Money Monday	Tech Tuesday	Wellness Wednesday	Hire Me Thursday	Freestyle Friday
Stretching	Chair Dancing	Yoga	Exercise Bingo	Walking
<p>May Rights You have the right to own things and you have the right to use your things.  You have the right to have men and women as friends.</p>		<p>1 Library Trip Choir @ HQ Cooking Group 3 Kindness Club Game Club Craft Club</p>	<p>2 Bath Creek Discover Downtown Choir @ HQ Choir Dance Club Animal Club Book Club</p>	<p>3 Food Bank BINGO Pizza Bowling Group 1&2 Newsletter Club Walking Club Meditation/Yoga Spa Club</p>
<p>6 Dollar Tree Group 1 Home Economics Choir @ HQ Sign-Language Club Sports Club History Club Exercise Club</p>	<p>7 Bath Creek Movies Group 3&4 Woodworking Writing Club Sewing Club Hippo Art Walking Club</p>	<p>8 Library Trip Choir @ HQ Ohio Wildlife, Presented by the Akron Zoo Cooking Group 4 Kindness Club Game Club Craft Club</p>	<p>9 Bath Creek Daily Queen Group 2 Choir @ HQ Dance Club Animal Club Book Club Hiking Spree</p>	<p>10 BINGO Pizza Bowling Group 4&3 Newsletter Club Walking Club Meditation/Yoga Trivia Spa Club</p>
<p>13 Taylor Library Dollar Tree Group 2 Home Economics Choir @ HQ Musical Appreciation Sports Club Science Club Exercise Club</p>	<p>14 Bath Creek Movies Group 1 Mask Making Club Writing Club Garden Club Book Club Walking Club</p>	<p>15 Balch Center Library Trip Choir @ HQ Cooking Group 2 Kindness Club Game Club Craft Club</p>	<p>16 Bath Creek Dairy Queen Group 3 & 4 Discover Downtown Choir @ HQ Dance Club Animal Club Book Club</p>	<p>17 Food Bank BINGO Pizza Bowling Group 2&3 Calendar Club Walking Club Meditation/Yoga Spa Club</p>
<p>20 Taylor Library Dollar Tree Group 3&4 Choir @ HQ Home Economics Sign-Language Club Sports Club Science Club Exercise Club</p>	<p>21 Bath Creek Movies Group 2 Mask Making Club Woodworking Writing Club Sewing Club Book Club Walking Club</p>	<p>22 Balch Center Library Trip Choir @ HQ Cooking Group 1 Kindness Club Game Club Craft Club</p>	<p>23 Bath Creek Dairy Queen Group 1 Choir @ HQ Dance Club Animal Club Book Club Hiking Spree</p>	<p>24 BINGO Pizza Bowling Group 4&1 Calendar Club Walking Club Meditation/Yoga Trivia Spa Club</p>
<p>27 </p>	<p>28 Bath Creek Choir @ HQ Thrifting Club Woodworking Writing Club Garden Club Hippo Art Walking Club</p>	<p>29 Spring into Summer Library Trip Tie Dying Fun Ice Cream Social Outdoor Games Craft Club Garden Club</p>	<p>30 Bath Creek Choir @ HQ J.L.G. Cooking Class Thrifting Club Dance Club Animal Club Book Club Hiking Spree</p>	<p>31 Food Bank BINGO Pizza Bowling Group Open Newsletter Club Walking Club Meditation/Yoga Spa Club</p>

All events that involve money are voluntary. Other opportunities will be available for those who choose not to attend.

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CCNEO will be closed for Memorial Day on Monday May 27th.

DOLLAR TREE

In the world of dollar stores, there are two kinds of players. There are the true dollar stores like Dollar Tree and 99 Cents Only where everything is \$1 or less no exceptions. It also seems to be your favorite place to shop! Join us on our trip!!

Please bring between \$5.00 - \$10.00 for this trip.

Move It May

Join us in daily exercises each morning so we can stay fit and active!



The original formula for DQ's soft-serve ice cream was created in 1938—though the first location of Dairy Queen didn't open until 1940 in Joliet, IL. The shop is still there and is now a city-designated landmark. Join in celebrating Dairy Queens success by enjoying lunch at the local shop!

Balch Community Center

We will be taking trips every other Wednesday to play basketball, swim, and use some of the workout equipment.

May 8th – Exercise Equipment
May 22nd - *Swimming
\$2.00 admission fee

*You MUST fill out the attached swimming permission form in order to

Walking Programs

*Discover Downtown Walking

Tour: Rediscover Main Street and hear the vision for downtown Akron. We have 4 spots available for this walking tour.

***Hiking Spree:** The Spring hiking event will be kicked off at CCNEO! All the trails offered are flat, easy, and accessible for uses of all abilities.

*Complete 4 walking events during the month of May. June.

Tie-Dying

We will be tie-dying items at the end of the month. Items that can be tie-dyed include:

- Shirts
- Bandanas
- Socks

White or Cream canvas bags

* CCNEO will not be providing material to tie-dye, it's your responsibility to bring items in

Sports Club

- Week 1: Badminton 101
- Week 2: Learn how to keep score
- Week 3: Learn how to use the racket and hit the birdie.
- Week 4: Use what you know to play a few games.

Bowling

April 5 th	Groups 1&2
April 12 th	Groups 3&4
April 19 th	Group 2&3
April 26 th	Group 4&1

PACK A COLD LUNCH

Friday Fun

- Pizza - \$1.00/Slice
- Pop - \$1.00
- Bowling - \$2.00/2 Games

Library Trips - We will be taking a trip to a different library every week to check out new items and return the old. Please bring your library card with you so you can check out items.

Lunch: We understand that sometimes lunches can be forgotten at home. CCNEO will provide a lunch to individuals who arrive without a lunch. However, excessive issues (more than 2 in a month) with having no lunch will initiate a UIR and individual's will be charged \$2.50 for each time CCNEO must provide a lunch.